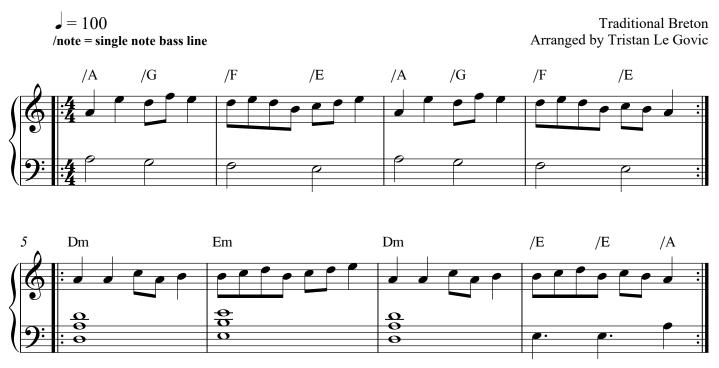
Laridenn 1



Laridenn is not actually the name of this tune... Laridenn is the name of a dance for which many tunes (often unnamed) can be played, similar to a Jig or Reel.

This tune is the first of a set of Laridenn taught by Breton harper Tristan Le Govic at a workshop in Seattle in August 2016. The Laridenn (also called Laridé) is a well known dance in the southern part of Brittany, and is popular for street dancing at outdoor festivals. As Tristan so charmingly put it, "people gather and dance in circles all together for hours this dance!"

As for the music itself, Tristan instructed that it should be played with all beats strongly stressed, and with a lively bounce.